

WEDNESDAY	
BREAKFAST – 4 people	
Basics Wheat Biscuits & Cornflakes (1 Biscuit + handful of Cornflakes each)	£ 0.25
Aldi Milk (1/3 rd 4pt bottle)	£ 0.33
Basics Pineapple (1 tin)	£ 0.32
LUNCH – 3 people	
Aldi Bread (1/4 loaf)	£ 0.13
Basics Strawberry Jam	£ 0.04
Tesco Sunflower Spread (15g of 500g pack))	£ 0.01
Aldi Peaches (1 tin)	£ 0.29
EVENING MEAL – Cottage Pie – 4 people	
Basics Beef Mince (1/2 pack)	£ 0.66
Salad Potatoes (1/3 pack)	£ 0.23
Fresh Carrot (1)	£ 0.22
Basics Gravy Granules (9g)	£ 0.01
Basics Peas (1 tin)	£ 0.17
Fresh Onion (1)	£ 0.23
Basics Fromage Frais (4 pots)	£ 0.28
Aldi Digestives (7 biscuits)	£ 0.08
Cornflake Crispy Cake (made using 100g Basics Chocolate)	£ 0.11
Morrison's Savers Coffee (1 cup)	£ 0.07
Hi Juice Ribena (3 cups)	£ 0.30
	£ 3.73

NB An amount has been taken away from the original £20 for the cost of Dominic having school dinners.